



Chapitre By-Town Chapter

www.bytownchapter.com/

Newsletter

NB 2013 By-Town Annual General Meeting

The Annual General meeting will be held beginning at **11:15** on **April 5** at The Emerald Plaza Library, followed by lunch at the Yang Ming. Positions open for election for a two-year term at this time will be First VP, Third VP and Treasurer. If you are interested in one of these positions and want to know more about what is involved, please contact chapter president Bob Hughes by email at president@bytownchapter.com or leave a voicemail message at 819-684-2547.

Nominations should be directed to volunteer electoral officer **Ed Borza** either in advance (by phone at 613-523-6077 or by email c-e.borza@sympatico.ca) or at the meeting. If you are nominating someone other than yourself, please ensure that you obtain that person's approval first.

President's message

Last year at this time, on behalf of your new Chapter Executive, I told you about the following three guiding promises we wanted to make to all By-Town members, to:

1. communicate frequently,
2. keep and build on popular activities, and
3. explore ways of bring back retirees not previously active in the Chapter.

As we end our first full year as a Chapter Executive, we believe we've made significant steps towards fulfilling these promises. Communications in the form of eBulletins and eNewsletters have grown from 2011. Some 37 emails were sent out to Chapter members, and 44 information notices were posted on our website, which received more than 17,700 visits last year. Clearly, using today's technology to reach our members has become the quickest and most efficient way of getting messages out to our active members. If you aren't receiving our emails, please consider providing us with your email address. Just send a message to Trish Edwards, Chapter Secretary (secretary@bytownchapter.com).

Our monthly lunches continued to be popular events in the By-Town calendar. In fact, as we moved our lunches to a wider variety of new venues last year, participation by members, spouses and friends just kept growing. We broke bread together at Robbie's, Yang Ming's Chinese Buffet, Big Rig Brew Pub, and held a well-attended brunch at La Station in Gatineau. Also in 2012, we introduced our "Cue The Summer" and "Embrace The Fall" luncheons at the Travelodge on Carling Avenue, open to all retired CPC employees, whether Heritage Club members or not. These special get-togethers built on the successful 2011 luncheon held jointly by retired CPC engineering group and the By-Town Chapter at this venue. Word spread fast, and this activity has become a very successful venue for recruiting new Chapter members.

In 2013, we will continue exploring new luncheon venues at St. Eloi Cafe Bistro and the Mill St. Brew Pub, as well as returning to popular locations such as Yang Ming's and the Travelodge.

In addition to socializing at some rather enjoyable lunches, By-Town members also participated in and volunteered at a number of events in 2012. In February, 14 members turned out for a fun sleigh-ride on a bright, cold day at

Fallowfield Tree Farm. In May, 30 By-Town members and friends enjoyed an overnight wine tasting trip to Prince Edward County. In August, some 42 By-Town members, spouses and friends met for our annual golf tournament. This activity raised \$2,000 for the Canada Post Community Foundation.

Also in 2012, By-Town members and spouses could be found volunteering their time with community organizations such as Meals on Wheels and local schools and churches. Members also volunteered their time in support of CPC initiatives within the community, such as United Way. Of course, our members more than answered the call in support of the 2012 Santa Letter Program by replying to 10,000 letters (2,000 more than the previous year).

We—your By-Town Chapter Executive—look forward in anticipation to a successful 2013. And we promise more of the same... more communications, more activities and more retirees joining in the fun. We hope to see you soon.

Bob Hughes, President, By-Town Chapter

2012 by the numbers

Volunteer hours	4821
Number of activities coordinated (including Santa's Heritage Days)	17
Dollars donated	\$ 2,000
Scholarship donated	\$ 500

Check out pictures of many of our 2012 events at www.bytownchapter.com!

Here's what's cookin' for 2013!

And the enthusiasm never stops—here are some highlights of plans for this year. Final details will be sent by email, or check our website periodically for updates.

February

- Lunch Break at Saint-Eloi Café-Bistro, 100, ch. Atawe (not far from the Casino) in Gatineau.
<http://lesainteloi.com/>

April

- Lunch Break at Yang Ming Buffet, 1545 Merivale Road (Emerald Plaza)
– NB: annual meeting! ***RSVP (see below)**

June

- The Mill Street Brewery

August

- Golf Tournament

October

- 'Embrace the Fall' at Travelodge

December

- Christmas festivities (tbd)

March

- Perkins Restaurant, St-Laurent Blvd

May

- 'Cue the Summer' at Travelodge

July

- (No activity)

September

- Lunch Break – location to be determined
- Niagara Winery Tour (more info below.)

November

- Big Rig Brew House

***Please RSVP at your earliest opportunity to Ed Miller at first-vp@bytownchapter.com.**

Special Note:

If you have suggestions for new locales and events to try out, **please** don't be shy—let us know!

Save the date...

Niagara Wine Tour – September 26-29

Planning is well underway for our annual fall wine tour. This year, we'll be visiting the beautiful Niagara region to explore the area's award-winning wineries and many other activities the region is well-known for. The base price for the trip will be approximately \$450 per person, which includes return transportation, 3 nights' accommodation at the Wyndham Garden Niagara Falls Fallsview Hotel, three breakfasts and 1½ days of wine tours and tastings. Optional activities of a wine-pairing dinner tour, golf, and attending a play at the Shaw Festival will also be offered at additional cost. There will also be time for exploring Niagara Falls, outlet shopping and a morning discovering historic Niagara-on-the-Lake. More details will be shared in our next electronic bulletin... For more information on this trip, please contact Lise Jetté at 819-684-2547.

You heard it here!

❖ WorkPerks

WorkPerks is excited to offer you—as a paid-up Heritage Club member—and your immediate family free access to hundreds of valuable discounts from both brand name companies and local businesses. Within minutes, you have access to perks from over 700 vendors with new perks added every week! The savings are real and include everything from special event tickets and travel to shoes and jewellery.

If you encounter problems registering for WorkPerks, please contact [Claude Bruneau](mailto:claudio.bruneau@canadapost.ca) at claudio.bruneau@canadapost.ca. (NB You must have the last three digits of your Heritage Club membership number on hand when registering.)

❖ Get fit with GoodLife Fitness Clubs

GoodLife would like to help Heritage Club members tone up and get fit with membership rate reductions. As a Canada Post Retiree and Heritage Club member, you and your spouse/partner are eligible to obtain GoodLife memberships at approximately 50% off the regular rates! GoodLife currently has over 160 locations in Canada, with helpful, qualified staff and state of the art equipment. An enrollment form can be found on our website. For a complete listing of GoodLife Fitness Clubs, please visit www.goodlifefitness.com.

Questions? Contact organizer [Jim Sandall](#) (Heritage Club member) at 519-686-8440.

Chapter 'bytes'

By-Town Scholarship Recipient for 2012/2013

Congratulations to Elliot Rodger, grandson of By-Town member Raj Mediratta, received a \$500 scholarship from the By-Town Chapter.

Rest in Peace

By-Town Chapter sends condolences to the family and friends of Ted Moores, Alan Martin, Roy Foulkes, Roy De Young, Ron Warren, Elizabeth Harvey, Bruce Allan, and Eva Spires.

Remembrance Day 2012

Laying a wreath on behalf of Canada Post at the Tomb of the Unknown Soldier during Remembrance Day ceremonies was local veteran Georges Moroni, husband of By-Town member Chantal Piché Moroni.

Volunteerism

- ❖ It's in you to help out in your community. For opportunities to volunteer locally, go to www.volunteerottawa.ca.
- ❖ Are you already volunteering? The By-Town Chapter wants to know about your efforts, whether they are for the Heritage Club or in the community. Drop Secretary Trish Edwards a line at secretary@bytownchapter.com.
- ❖ **Helping our youth** The Learning Partnership's Entrepreneurial Adventure program—in Ottawa and across Canada—is a hands-on, entrepreneurial journey that allows students to learn from business mentors and be

involved in something exciting and real toward that end. Business volunteers are urgently needed in Ottawa ... now! If you have a spare four hours a month and would like to help, contact The Learning Partnership's Torre Hansson, Project Manager for the Greater Ottawa Area, by email at thansson@thelearningpartnership.ca or by telephone at 613-837-0570.

Keep in mind...

Are you an active member?

Active members are those who help support their chapter so that we may all continue to benefit from opportunities to enjoy fun events and reconnect with long-time friends and former colleagues. Active members (i.e. current year's dues are paid) receive email notices of all events; those without computers continue to receive a print copy of our first news-letter of the year. Active members also receive regular updates about opportunities from WorkPerks, Johnson Home and Auto Insurance, and Goodlife Fitness, as well as important news such as information on the recent pay equity settlement.

2013 membership dues are payable now

Please mail your cheque—**made out to Lise Jette**—c/o the Heritage Club office at the address below. (Cheques made out to "Heritage Club" or "By-Town Chapter" can no longer be accepted, due to associated costs.). Chapter records are audited annually.

HERITAGE CLUB (By-Town Chapter)
2701 RIVERSIDE DR, Suite N0670
OTTAWA ON K1A 0B1

Get instant updates by email

Allowing your Chapter to contact you by e-mail helps us to save money and meet your information needs in a timely and efficient manner. If you have an e-mail address, please pass it along! And if you have already given us your e-mail address, but are not yet receiving our frequent eBulletin updates, we may have lost it! Please take a few minutes to provide us with your address once again by sending an email to Trish at the address below.

By-Town Chapter Executive Committee

President	Bob Hughes	president@bytownchapter.com
Treasurer	Lise Jette	treasurer@bytownchapter.com
First VP	Ed Miller	first-vp@bytownchapter.com
Second VP	Raj Mediratta	second-vp@bytownchapter.com
Third VP	Claude Bruneau	third-vp@bytownchapter.com
Secretary	Trish Edwards	secretary@bytownchapter.com

To leave a telephone voicemail message for a member of the Executive Committee, call 819-684-2547.

Cause of Choice

Each year, By-Town Chapter chooses a worthy cause to raise funds for. In the past, we have donated to the Hospice at May Court, Ottawa's Seven Women's Shelters, and Rogers House. In 2012, the chapter donated **\$2,000** to the Canada Post Community Foundation. Funds were raised at chapter events like the annual golf tournament and with the kind donation of numerous items for our auction from members and local businesses. Members also contribute generously at monthly luncheons and other events. The chapter's Cause of Choice for 2013 is Ottawa Therapy Dogs (<http://www.ottawatherapydogs.ca/>). Ottawa Therapy Dogs is a volunteer-based organization providing animal-assisted activities and therapy with its members' registered therapy dogs. If you have ideas or suggestions for up upcoming cause of choice, please let us know.

Moving?

To update your address or to relay other information, please contact Trish Edwards at the coordinates below.

Don't be shy!

If you have ideas for outings or activities that might be of interest to members, or if you have a skill or an interest that you're prepared to share—please, don't hesitate to contact any member of your Executive Committee. Organizations like the By-Town Heritage Club can thrive only with the willing and able help of volunteers.