

# By-Town Newsletter

## On the horizon...

As we go to 'print' with this newsletter, **the first two events below are very NEARLY SOLD OUT**, and only one or two spots remain. **Hurry, so you don't miss out!**

### ❖ **'Embrace the Fall' Lunch - October 6**

Special get-together with employees and former employees of Canada Post's Engineering Group, who come from far and near for these events, at Travelodge Hotel on Carling Avenue. Mingle with Heritage Club members, friends and former colleagues before lunch (bar opens at 11:15). Buffet will be available at 11:45 (\$15.95 per person).

**For more information, contact Raj Mediratta at [second-vp@bytownchapter.com](mailto:second-vp@bytownchapter.com).**

### ❖ **Syracuse Weekend Shopping - November 4th to 6th**

Hotel: Holiday Inn, Auburn, NY – 2 nights

Transportation to Waterloo Outlets, Carousel Mall (Syracuse), and to Finger Lakes for a wine tour

Price: \$250.00 per person (based on double occupancy), cost includes transportation, accommodation, \$20 breakfast voucher per day per room, and dinner on Saturday evening at the hotel. (NOTE: Dinner has been organized as there are few restaurants nearby.) Payment is due on registration. Parking will be available at the RA Centre for those who wish to drive to the pick-up point. Reminder that passports are required.

**For more information, contact Claude Bruneau by email at [third-vp@bytownchapter.com](mailto:third-vp@bytownchapter.com) or by phone at 819-684-2547.**

### ❖ **'Deck the Halls' Christmas Party – November 19<sup>th</sup>**

By-town plans to celebrate the holiday season this year with glitz, and we want to see you there! So spiff yourself up and kick off your holiday festivities this year with us. Enjoy appetizers, a complimentary 'By-Town Signature Drink' or fruit punch, followed by a sumptuous buffet (chicken and beef entrees). There'll be door prizes, raffles and more. Join your friends and former co-workers for this sure-to-be-spectacular occasion!

**Spots are limited, so register fast!**

**Where:** Kanata Holiday Inn

**When:** November 19<sup>th</sup>, Drinks (cash bar) and appetizers starting at 6:30 p.m.

**Price:** \$49.50

**To register, contact Lise Jette by email at [treasurer@bytownchapter.com](mailto:treasurer@bytownchapter.com) or by phone at 819-684-2547.**

### ❖ **Santa Letter-writing 'Heritage days' 2011 kick off November 24**

Thursdays will be 'Heritage day' at Santa's workshop at Head Office (2701 Riverside Drive), beginning on November 24, from 10 a.m. to 2 p.m., and continuing on Thursdays during the Christmas period. A light lunch will be provided to volunteers, plus \$3 toward transportation costs.

**Please register with Claude Bruneau by email at [third-vp@bytownchapter.com](mailto:third-vp@bytownchapter.com) or by phone at 819-684-2547.**

## You heard it here!

### ❖ **WorkPerks**

WorkPerks is excited to offer you—as a Heritage Club member—and your immediate family free access to hundreds of valuable discounts from both brand name companies and local businesses. Within minutes, you have access to perks from over 700 vendors with new perks added every week! The savings are real and include everything from special event tickets and travel to shoes and jewellery.

**Sign-up promotion:** Sign up between **October 11 and December 31, 2011**, and receive a ballot for a chance to win a **5-star, all-inclusive trip for two to the Riviera Maya, Mexico**, courtesy of *The Last Minute Club* and *Sunquest Vacations!* To earn additional ballots simply refer a fellow member or co-worker to WorkPerks® using the “send this *perk* to co-worker” feature online at [www.workperks.ca/canadapost](http://www.workperks.ca/canadapost).

If you encounter problems registering for WorkPerks, please contact Claude Bruneau at [claud.bruneau@canadapost.ca](mailto:claud.bruneau@canadapost.ca). (NB You must have the last three digits of your Heritage Club membership number on hand when registering.)

### ❖ **Get fit, with GoodLife Fitness Clubs.**

Goodlife would like to help Heritage Club members tone up and get fit with membership rate reductions. As a Canada Post Retiree and Heritage Club member, you and your spouse/partner are eligible to obtain GoodLife memberships at approximately 50% off the regular rates! GoodLife currently has over 160 locations in Canada, with helpful, qualified staff and state of the art equipment. An enrollment form can be found on our website. For a complete listing of GoodLife Fitness Clubs, please visit [www.goodlifefitness.com](http://www.goodlifefitness.com).

**Questions? Contact organizer Jim Sandall (Heritage Club member) at 519-686-8440.**

### ❖ **Scholarship announcement**

Congratulations to Stittsville's Keegan Rowe, son of By-Town member Rosaleen and the late Randy Rowe, who retired in 2006 after working in Marketing, Sales and Project Management. Keegan is attending a two-year program in Business Accounting at Algonquin College, where he continues to maintain a high GPA. while playing Junior A hockey for Kemptville 73s. Always dedicating himself to excellence in the classroom, the community and at home, Keegan has received several awards demonstrating his leadership qualities in his community. His interests include various sports, personal fitness, music and reading.

## Chapter 'bits and bytes'

**Lunch break! No lunch at Robbies in October!** Robbie's Spaghetti House on Walkley Road remains popular with many of our members for luncheon gatherings. **These get-togethers will continue to be held on the first Thursday of each month, resuming on November 3<sup>rd</sup>.** Join us to catch up with long-time friends and colleagues, and to be eligible for door prizes, raffles, and more. Look for updates on [www.bytownchapter.com](http://www.bytownchapter.com).

### **Golf day 2011 – we saw you there...!**

Last month's golf tournament brought in the highest-ever revenues, with some 44 players and three brand-new teams of active employees participating! A big thank you to the organizers, to the many volunteers who stepped up to help put together this popular event, as well as to John Caines, who MC'd our auction again this year – great job everyone! The proceeds from this event are being donated to the Canada Post for the Foundation for Mental Health, and a cheque will be presented at the 'Embrace the Fall' lunch next week. **Check out pictures from the golf tournament on our website!**

**Name that newsletter...** Help us find a fresh, modern name for our Chapter newsletter. The name of each person who makes a suggestion will be entered into a **draw for a \$25 gas card**. Send your submissions to Trish by **November 1<sup>st</sup>** at the address below.

## Keep in mind...

### Membership dues

Please help support your chapter so that we may continue to offer you opportunities to enjoy fun events and reconnect with long-time friends and former colleagues. Active members (i.e. current year's dues are paid) will receive email notices of all events; those without computers will continue to receive print copies of four newsletters each year. Active members will also receive regular updates about opportunities from WorkPerks, Johnson Home and Auto Insurance, and Goodlife Fitness.

If you have already paid your 2011 dues, thank you very much! If you have not, please mail a cheque for \$15, made out to 'Lise Jette,' to 5 Imp du Chardonnay, Gatineau QC J9H 7P2.

### Don't be shy!

If you have ideas for outings or activities that might be of interest to members, or if you have a skill or an interest that you're prepared to share—please, don't hesitate to contact any member of your Executive Committee. Organizations like the By-Town Heritage Club can thrive only with the willing and able help of volunteers. Check our website for our 'wish-list' of volunteer activities, coming soon.

### Cause of Choice

Each year, By-Town Chapter chooses a worthy cause to raise funds for. In the past, we have donated to the Hospice at May Court, Ottawa's Seven Women's Shelters, Rogers House, and most recently, the Canada Post Foundation for Mental Health. Funds were raised at chapter events like the annual golf tournament and with the kind donation of numerous items for our auction. Members also contribute generously at monthly luncheons and other events. If you have ideas or suggestions for our next cause of choice, please let us know.

### Get instant updates by email

Allowing your Chapter to contact you by e-mail helps us to save money and meet your information needs in a timely and efficient manner. If you have an e-mail address, please pass it along! And if you have received a print copy of this newsletter, but have already given us your e-mail address, it means we may have lost it! Please take a few minutes to provide us with your address once again by sending an email to Trish at the address below.

### Moving?

To update your address or to relay other information, please contact Trish Edwards by email or by phone at 613-627-5872.